

# Hello! My name is Rebecca (Bekki) Baker and I am the school counselor at Forest Hill Elementary School.

## How to contact me...

- The best way to contact me with a quick message is through email. My email address is Rebecca.baker@hcps.org.
- If you have a question or concern that is more easily answered through a conversation, please call me between 8:30 am-3:50 pm at 410-638-4166.

## I work with all students, families, and staff as we learn and grow together.

- Students may participate in individual counseling sessions. Sessions focus on the expression of thoughts and feelings and learning new skills and information. Sessions are interactive and include books, activities, and games.
- Students might join a small counseling group to work on a specific topic such as emotional health, parental separation/divorce, or anxiety.
- Students will receive classroom counseling lessons on topics such as emotional health, personal safety, conflict resolution/bullying, being a successful student, and careers.

## Additional ways the counselor supports students and parents at Forest Hill:

*I welcome you to contact me about any of the topics listed below.*

- 504 coordinator
- Student Services Team member
- School Performance and Achievement Team member
- Consultations and sharing of resources with parents and teachers
- Observations of students in the classroom
- Behavior and intervention plans
- 5th grade jobs
- Assistant state testing coordinator
- Trauma response/crisis/grief intervention team member
- Threat assessment team member

## Forest Hill Counseling Mission Statement:

Forest Hill Elementary will provide a comprehensive, developmental counseling program that addresses the academic, career, and personal/social development of all students. In partnership with other educators and parents, the counselor will empower students to maximize their personal potential and academic achievement so they are prepared with the knowledge, ethics, and skills needed to function successfully in a diverse and changing world.

**We will all work together to make it a wonderful school year for your child!**